



Strathfieldsaye

Primary Health

For Appointments
PH: 5439 4442
 34 Blucher Street
 Strathfieldsaye VIC 3551
Consulting Hours:
 Monday—Thur: 8.30AM—8PM
 Friday: 8.30AM—5PM

PRACTITIONERS

DR ADEL ASAD, OAM
 ASSOC PROF EWA PIEJKO
 DR KAT RITCHIE
 DR REMON ESKANDAR
 DR JENNIFER SUZUKI
 DR SARA CAREEM
 DR EDWARD GRIFFIN
 DR TRISTAN MCALPINE
 DR JOELENE LAU
 DR TRACY OH
 DR NAZIRAH HANI
 DR TIFFANY YAPP

PRACTICE NURSE MANAGER

NICOLE BRERETON

NURSES

FIONA MERCER
 EMILY PALMER
 EMMA HARRISON
 CATHERINE WILBY
 LESLEY MARTIN
 TERI ALEXANDER
 TEGAN MCCASKIE
 NAJEM ALDORKI (GRADUATE NURSE)
 MEGAN BAKE

PRACTICE MANAGER CO-ORDINATOR

TRACEY HOFMANN

PRACTICE ADMINISTRATOR

LOIS LACEY

RECEPTION LEADS

KYLIE & ANNE

RECEPTION STAFF

SHAREE, ELLA, LAURA, GOERGIA,
 CHELSEA, CASEY, ROSE & SIMONE



PATHOLOGY COLLECTION CENTRE

8:30AM TO 4:30PM
 MONDAY—FRIDAY

SERVICES

WOMENS & MENS HEALTH
 CERVICAL SCREENING
 IUD CLINICS
 SEXUAL HEALTH
 TRAVEL VACCINATION CLINIC
 EAR SUCTIONING
 SLIT LAMP
 TELEHEALTH
 MINOR SURGERIES



St Anthony's Family Medical Practice
 ABN: 23118243226

November 2019

Quality Improvements

Height

92.59%



Weight

40.92%



Waist

43.37%



(Note: % is from the total number of patients with this data recorded)

Strathfieldsaye Primary Health team is developing strategies to improve the health care we provide to our community.

Each quarter we are focusing on areas to improve to be eligible for the Practice Incentive Program improvement payment.

This payment helps us to grow, implement improvements and function as a Medical Practice.

Our focus this quarter is updating and measuring all of our patients over the age of fifteen years, for height, weight and waist. These measurements are a significant risk factor for those who already have a chronic disease and identify those who are at risk of developing diabetes, heart disease, dementia and exacerbation of mental health.

This is a team approach involving the health team and the community.

Reason for Height, Weight and Waist

Height enables early diagnosis and management of osteoporosis

Weight and Waist if over or under identifies those at risk of developing chronic disease which enables implementation and early intervention of preventive measures

Our aim is to support you on your journey implementing lifestyle changes.

Let's get walking, walk your dog, walk with a friend, spend time gold detecting or whatever activity that you enjoy and is sustainable and do it 5 days a week.

Let's eat more vegetables, reduce takeaway food, and reduce high sugar, high saturated fatty foods.

Let's work together to develop a healthier community.



MOVEMBER®

Since 2003 Movember has funded more than 1,250 men's health projects around the world, challenging the status quo, shaking up men's health research and transforming the way health services reach and support men.

Preventing Suicide in Men: Our fathers, brothers, sons and friends are dying by suicide, every minute of every day. To make change happen, Movember views mental health through a male lens. We focus on early intervention, engaging men and working to their strengths. By 2030, we aim to reduce the rate of male suicide by 25%.

Improving Quality of Life: Men with prostate cancer and testicular cancer face an uphill battle before, during and after treatment. But with useful tools and straight-shooting advice, we aim to lighten their load so these men can live life to the fullest.

Helping Men Take Action: Globally, men die on average 6 years earlier than women, and for largely preventable reasons. So we're shining a light on the health risks men need to know about, increasing awareness to stop men dying too young.

Teaming up with Great Minds: A crisis this size calls for big ideas from the brightest minds. Movember brings together the best researchers and experts from across the globe, reducing research overlap to maximise brainpower and accelerate progress.

Raising Funds through Movember: In the month formerly known as November, Mo Bros and Mo Sistas across the world Grow a Mo, Move for Movember or Host a Mo-ment to raise much-needed funds for men's health.



M O V E M B E R



On the 24th October some of our lovely reception and nursing staff attended a training day in Melbourne. The training was focused on learning how to efficiently and effectively use our booking system "Best Practice". The girls all felt the day was a great success and have come back with lots of knowledge to pass on.
Thanks Team!



Remember our GP On-Call



We know that sickness is not restricted to business hours, which is why we ensure that we have a GP available to our patients 24/7. One of our GP's is available to attend to medical issues after hours as well as weekends and public holidays (if it is an emergency please phone 000).

The GP On-Call service is accessed by phoning the practice on 5439 4442 and following the prompts. If the GP is unable to take your call at the time, please leave a message clearly stating your name and phone number and the doctor will get back to you.

If you have any suggestions, comments or feedback, we would love to hear from you.

Email us at reception@strathhealth.com.au. We can only continue to improve with your help.