



Strathfieldsaye

Primary Health

For Appointments
PH: 5439 4442
34 Blucher Street
Strathfieldsaye VIC 3551
Consulting Hours:
Monday—Thur: 8.30AM—8PM

PRACTITIONERS

DR ADEL ASAID, OAM
ASSOC PROF EWA PIEJKO
DR KAT RITCHIE
DR REMON ESKANDAR
DR SARA CAREEM
DR EDWARD GRIFFIN
DR TRISTAN MCALPINE
DR KEERTHI KULASEKARA
DE BETHANY HOUGH
DR SHAUKUT BASHIR
DR HANNAH WARD
DR JOSHUA COWAN
DR TRACY OH
DR STEPHANIE MCINTOSH

PRACTICE NURSE MANAGER

NICOLE BRERETON

NURSES

FIONA MERCER
EMILY PALMER
EMMA HARRISON
LESLEY MARTIN
TEGAN MCCASKIE
NAJEM ALDORKI
MEAGHAN BAKE
HARRIET EATON (GRAD NURSE)

PRACTICE MANAGER CO-ORDINATOR

TRACEY HOFMANN

PRACTICE MANAGER

LOIS LACEY

RECEPTION STAFF

ANNE, SHAREE, LAURA, GEORGIA, CASEY,
SIMONE, MEREDITH, SHONA,
GREGORIA & BELLA



PATHOLOGY COLLECTION CENTRE

8:30AM TO 4:30PM
MONDAY—FRIDAY

SERVICES

WOMENS & MENS HEALTH
CERVICAL SCREENING
IUD CLINICS
SEXUAL HEALTH
TRAVEL VACCINATION CLINIC
EAR SUCTIONING
SLIT LAMP
TELEHEALTH
MINOR SURGERIES



St Anthony's Family Medical Practice
ABN: 23118243226

December 2020



Ho Ho Ho Merry Christmas!!

Strathfieldsaye Primary Health would like to wish all their patients a Merry Christmas and Happy New Year.

Due to 2020 being such a difficult year, St Anthony Family Medical Practice is more thankful than ever for the continual support and loyalty of our patients and community. So once again, we thank-you all and are extremely excited for this year to come.



The clinic will be closed on the following days:

Friday December 25th—Christmas Day
Monday December 28th—Boxing Day
Friday January 1st—New Years Day

Our GP On-Call Service will operate throughout the Christmas & New Year period

Welcome Dr Stephanie McIntosh

Dr Stephanie McIntosh grew up in Melbourne where she completed her medical training at the University of Melbourne, as well as completing her GP training to become a fellow of the Royal Australian College of General Practitioners. Dr McIntosh has an interest in women's and children's health, and is qualified to insert and remove the Implanon contraceptive device. Dr McIntosh recently moved to Bendigo with her husband and two young children, and is loving being part of the local community. When not busy, she enjoys relaxing with a good coffee and pottering around her veggie garden.

Dr McIntosh will be consulting from the Emu Creek Practice Thursdays and Fridays, please call 54394319 to make an appointment.



Ingredients :
150gm butter, softened
1/2 cup brown sugar
1/2 cup golden syrup
1 egg
3 cups plain flour
1 tbs ground ginger
1 tsp ground cinnamon
1/2 tsp ground nutmeg
1/4 tsp ground cloves

Gingerbread Cookies



Method :

Preheat oven to 180C. Line 2 baking trays with baking paper.

Combine butter, sugar, and golden syrup in a saucepan over medium heat. Cook, stirring for 3-5 minutes or until the butter melts and the sugar dissolves. Set aside for 30mins to cool.

Transfer butter mixture to a medium bowl. Add the egg and whisk to combine. Stir in the flour, ginger, cinnamon, nutmeg and cloves. Turn onto a lightly floured surface and knead until smooth. Cover the dough with plastic wrap and place in the fridge for 30mins or until firm.

Divide dough into quarters. Roll each portion out on a lightly floured surface to a 3mm-thick disc. Cut out your desired shapes, place on the lined trays. Bake, swapping trays halfway through cooking, for 10-12mins for smaller shapes or 12-15mins for larger shapes. Set aside to cool completely and enjoy.

Remember our GP On-Call



We know that sickness is not restricted to business hours, which is why we ensure that we have a GP available to our patients 24/7. One of our GP's is available to attend to medical issues after hours as well as weekends and public holidays (if it is an emergency please phone 000).

The GP On-Call service is accessed by phoning the practice on 5439 4442 and following the prompts. If the GP is unable to take your call at the time, please leave a message clearly stating your name and phone number and the doctor will get back to you.

If you have any suggestions, comments or feedback, we would love to hear from you.

Email us at reception@strathhealth.com.au. We can only continue to improve with your help.